

**From:** Beshara, Colette

**Sent:** Friday, January 07, 2005 1:40 PM

**To:** Buhler, Barb

**Subject:** A DPCP FYI, January 7, 2004-please place on the diabetes.sd.gov site under DPCP FYI

Greetings from the SD Diabetes Prevention & Control Program (DPCP) and welcome to the January 7th edition of the "DPCP FYI". Each FYI is received by more than 350 diabetes care providers in and around South Dakota. If you have trouble with the attachments or links, the e-Bulletin is also posted on the DPCP website at

<http://diabetes.sd.gov>.

If you have suggestions for improvement to the DPCP FYI or if I can otherwise be of assistance, please let me know-  
Colette

**This issue's topics-**

**Nutrition and Physical Activity Regional Forums**

**National Diabetes Education Program**

**Strategic Planning for Diabetes**

**Tobacco Quit Line Referrals Via Fax**

**USD School of Medicine Department of Internal Medicine Grand Rounds**

**Diabetes and Oral Health**

**Nutrition and Physical Activity Regional Forums**

The South Dakota Department of Health would like to invite you to attend the Nutrition and Physical Activity Forum in your area regarding physical activity and healthy eating needs and concerns.

The Department of Health is sponsoring five regional forums in January to gather information about physical activity and healthy eating at the community level in preparation for developing a statewide plan to prevent obesity and other chronic diseases in South Dakota.

The regional forums are open to adults, youth, seniors, and anyone with an interest in increasing physical activity and healthy eating in their community. The forums will be held from 6:30-8:30 p.m., local time, in the following locations:

January 18	Martin -	Bennett County Library Learning Center
January 20	Sturgis -	Community Center (theater)
January 24	Mitchell -	Holiday Inn
January 25	Pierre -	Chamber of Commerce Meeting Room
January 26	Aberdeen -	Brown County Courthouse Community Room

Feel free to bring a friend or colleague. For further information about the forums, contact Linda Ahrendt at 773-3737.

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**National Diabetes Education Program**

The National Diabetes Education Program is a partnership of the National Institutes of Health, the Centers for Disease Control and Prevention, and more than 200 public and private organizations. Visit the website at [www.ndep.nih.gov](http://www.ndep.nih.gov) for resources related to diabetes prevention, awareness and control. You will find tools for use by healthcare professionals, schools and businesses.

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### **Strategic Planning for Diabetes**

The DPCP recently completed an assessment of the statewide health system regarding the 10 Essential Public Health Services related to diabetes in South Dakota. The program is currently developing plans to disseminate the findings of the study and develop short-term and long-term plans to maximize all our efforts. Look for further information in future FYIs.

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### **Tobacco Quit Line Referrals Via Fax**

Referrals to the SD Tobacco Quit Line can now be made via fax to improve your patient's chances of quitting for good. The SD Quit Line Fax Referral program offers telephone-based cessation services, initiated by your office. Following your discussion about tobacco use and cessation readiness, you can use a fax form to ask the Quit Line to contact your patient (providing the patient has agreed and initialed the form). Upon receipt of the "South Dakota Tobacco Quit Line Fax Referral Form", the Quit Line will initiate a call to the patient.

The Quit Line provides support to the tobacco user that is often not feasible within a busy clinic. In addition, the Quit Line staff will let you know whether contact was made and what service the patient has requested from the Quit Line. In order to do this, it is very important that the *Quit Line's* form is used to refer patients by fax.

### **Steps to refer patients who want to quit using tobacco:**

1. Clinician confirms the patient's desire to quit using tobacco and a desire to have a Quit Line coach call him/her.
2. With assistance from clinic staff, the patient completes the fax referral form.
3. **Clinic** Staff fax the form to the Quit Line. Faxes will only be accepted from healthcare settings unless prior authorization is given to another agency.
4. A Quit Line coach verifies the information on the form and will call the patient to initiate the telephone-based cessation service, within 7 working days.
5. Following contact with the patient, the Quit Line will fax a report back to the clinic informing the provider about the status of contact.

Please note: In order for this program to work, health care providers need to discuss tobacco cessation with each patient to determine their willingness to quit, *and* to obtain **written** consent to fax their contact information to the Quit Line tobacco cessation program. It is vital to the success of the program that each patient demonstrates willingness to quit and understands that the Quit Line will contact him/her. Designated clinic staff should be responsible for obtaining consent forms and sending and receiving

faxes to/from the Quit Line. These persons will be contacted if there is a need to clarify information faxed to the Quit Line.

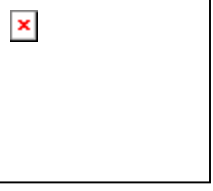
If you are interested in this program:

1. Contact the South Dakota Quit Line at 1-866-737-8487 to receive a fax referral form, *customized to your facility*, and begin the process.

**Each clinician's office is encouraged to follow-up with patients referred to the Quit Line. Support of the quit attempt increases the chances of quitting for good.**

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### USD School of Medicine Department of Internal Medicine Grand Rounds

		<b>USD SCHOOL OF MEDICINE DEPARTMENT OF INTERNAL MEDICINE JANUARY 2005 GRAND ROUNDS SCHEDULE: Wednesdays 7:30 – 8:30 AM (Central Time)</b>	For A Infor Rita S Ph 605.3 <a href="mailto:rpshe@usd.edu">rpshe@usd.edu</a>
<b><u>Wednesday, January 19, 2005</u></b>		<b><u>Wednesday, January 26, 2005</u></b>	
<i>Speaker:</i> <b>Michael Gonzales-Campoy, MD, PhD, FACE</b> MN Center for Obesity, Metabolism and Endocrinology, Eagan, MN		<i>Speaker:</i> <b>David Kovaleski, MD</b> North Central Kidney Institute and Clinical Assistant Professor, USDSM, Sioux Falls, SD	
<i>Location:</i> Sioux Valley Hospital – Schroeder Auditorium		<i>Location:</i> Sioux Valley Hospital – Schroeder Auditorium	
<i>Topic:</i> <b>Comorbidity and Diabetes</b>		<i>Topic:</i> <b>Chronic Kidney Disease</b>	
<i><u>Objectives:</u></i> At the conclusion of this continuing medical education event, participants should be able to:		<i><u>Objectives:</u></i> At the conclusion of this continuing medical education event, participants should be able to:	
<ul style="list-style-type: none"><li>• Identify a rational approach to lipid management in diabetes mellitus.</li><li>• Review the relationship between obesity, insulin resistance and dyslipidemia.</li><li>• Discuss the management of insulin resistance and its effect on diabetic dyslipidemia.</li></ul>		<ul style="list-style-type: none"><li>• Define chronic kidney disease.</li><li>• Detect early chronic kidney disease.</li><li>• Select an appropriate treatment option.</li></ul>	
<i>This program is supported by an unrestricted educational grant to the University of South Dakota School of Medicine from GlaxoSmithKline.</i>		<i>This program is supported by the USD Foundation for Continuing Medical Education.</i>	

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### Diabetes and Oral Health

People with diabetes are more than twice as likely to develop gum disease; and, it takes longer for their oral infections to heal. Gingivitis is an early form of gum disease which, if left untreated, can become a more serious problem called periodontal disease. Further

information about diabetes and oral health can be found at:

[www.state.sd.us/doh/OralHealth/index.htm](http://www.state.sd.us/doh/OralHealth/index.htm)

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If you have been forwarded this message and would like to be a regular recipient or if you wish to no longer receive this information, please email [colette.beshara@state.sd.us](mailto:colette.beshara@state.sd.us).

Colette Beshara RN, BSN  
Diabetes Prevention & Control Program Coordinator  
SD Department of Health  
615 E Fourth Street  
Pierre, SD 57501  
(605) 773-7046  
(605) 773-5509 (fax)